

# Elements of a Healthy Community

Definitions and Examples from the LISC Enhance Impact Methodology

## Economic

<p><b>Financial Stability/Opportunity</b> is defined here as project components that help businesses or people achieve financial security that will improve their outcomes during an economic or personal downturn.</p>	<p>Examples: Developer is MWBE and/or is a small, local business; Project employs MWBEs/small businesses/local labor for construction and/or maintenance; Connection to workforce training /apprenticeship or workforce development initiative; Pay parity and workplace support (insurance, paid sick leave, significant parental leave, etc.), Wealth/ Asset building initiatives.</p>
<p><b>Economic Development</b> is defined here as project components that improve living standards and generate wealth within a community.</p>	<p>Examples: Commercial Corridor initiatives; Infrastructure development/preservation; District Development work; Retail or Commercial components; Small business and entrepreneurship development; Social Capital/Community wealth building</p>
<p><b>Neighborhood Stability</b> is defined here as physical, economic or social features of the neighborhood that are associated with the preservation and improvement of neighborhood conditions.</p>	<p>Examples: Alignment with existing community residences and/or businesses, Supports fabric of community (e.g. not evicting residential or retail tenants important to community)</p>
<p><b>Education</b> is defined here as project components that deliver educational training or opportunities to participants.</p>	<p>Examples: Provides improved access to education and workforce training on location, proximate, or facilitated connection</p>
<p><b>Housing Affordability</b> is defined here as Housing Units that are targeted towards specific disenfranchised groups and/or affordable for families making below the Area Median Income (AMI).</p>	<p>Examples: Rent restrictions for specified time duration, or in perpetuity; Rents not to exceed market rate at time of initial design (SD) in affordable tracks; 20% of units does not exceed 80% AMI; Rents include 60% AMI and below; Rents include 30% AMI and below; Opportunity for Ownership - Rent to Own; Homeownership (Cooperative, Condominium); Land Bank participation; Homeownership Counseling and Support (Both Prospective and Existing)</p>

## Social

<p><b>Social Inclusion</b> is defined here as project components that work to break down discrimination/discriminatory practices and create inclusive spaces/programs for all.</p>	<p>Examples: Inclusive spaces - intergenerational/race/ class/ gender/sexuality equitable; Social cohesion initiatives to address/overcome discrimination and inequity</p>
--	--

<p><b>Safety</b> is defined here as project components that promote physical and mental safety in a community.</p>	<p>Examples: Eyes on the street, Lighting public spaces, Signage and Wayfinding, Non-Hazardous play and pedestrian surfaces; Walking School Buses/Routes; Police-Community initiatives; "Safe" Spaces/Safe Havens (e.g. Long-term recovery/addiction prevention accessible, LGBTQ safe, Sanctuary spaces)</p>
<p><b>Social Connectivity</b> is defined here as project components that work to bring the community together and support those who may feel isolated or ignored.</p>	<p>Examples: Anti-isolation initiatives and togetherness/connective design; Vital Public Spaces, Community Building</p>
<p><b>Cultural Asset Building/Preservation</b> is defined here as project components that reflect the culture of the community and/or work to enhance it.</p>	<p>Examples: Responsive and sensitive to community demographics and history (in design, programming, etc.); Cultural Relevance; Support for Cultural Development and Growth, Cultural significance (Historical or Empowering); Creative Placemaking</p>

## Health & Wellness

<p><b>Health Care Access</b> is defined here as project components that assist in providing easy and accessible access to health care services and facilities.</p>	<p>Examples: On-site health care services, FQHC development; Oral Hygiene Care/Maintenance Access; Proximity/transit access to health care services, Employer plans, and programming; Culturally Competent/Literate treatment; Non-Western and Culturally Relevant medical/therapeutic access (Acupuncture, Nutritionist, Herbalist, Osteopathy, etc.); School-Based Health Clinics</p>
<p><b>Physical Activity</b> is defined here as project components that help promote healthy lifestyles by providing safe and convenient access to physical exercise.</p>	<p>Example: Active design components provided for varying ability levels - Disability-friendly and Age-friendly active spaces: Active interiors (e.g. stairs, gym facilities, common area routes) and active exteriors (e.g. community gardens, outdoor fitness equipment, playgrounds); Walkability, Walkable/Access to Public Transportation Accessible, Personal Active Transport Facilitation (e.g. Bike Lanes, etc.)</p>
<p><b>Nutrition and Healthy Food</b> is defined here as project components that help address and/or prevent health concerns by providing access to/or education on nutrition and healthy food.</p>	<p>Examples: Healthy food retail; Gardening, on-site or proximate, Healthy food preparation education or services; Agriculture/Farming initiatives; Healthy Food demand generation programming; Food justice initiatives</p>
<p><b>Social Services and Behavioral Health</b> is defined here as project components that help promote welfare support through access to community, education, physical and mental medical care, and housing.</p>	<p>Example: Supportive services offered onsite or proximate; Connection to providers; Continuum of Care; Public Benefits Access; Mental Health services</p>
<p><b>Disease Prevention/Wellness</b> is defined here as project components</p>	<p>Example: Health Education and training; Community Health Workers and Promotora Initiatives; ER Visit Prevention Training; Support for</p>

that help address ongoing health needs as well as those who offer preventative care and education.	self-care; Supportive Management of existing conditions (provided on-site or by local partners); Pharmacy/Medication Access; Family Planning;
<b>Emotional Health/Human Enrichment and Wellbeing</b> is defined here as project components that provide access to mental health support and/or programs that reduce stress and promote happiness.	Example: Connection to/ Access to recreation programming and events; Stress Management; Soul Nourishment; Spark Joy; Happiness Quotient

## Community

<b>Community Leadership</b> is defined here as project components that support community-focused leadership development.	Examples: Leadership Development; Community organizing leadership initiatives; Community Responsibility to Itself and the Project; Community-Led Design and Response; Investment and Development of built spaces and/or programming by Community
<b>Community Engagement</b> is defined here as project components that involve and/or promote the participation of community members in order to make improvements throughout the community/advocate for change.	Examples: Community outreach, participatory planning; Building allyship across diverse communities to support project/initiative (e.g. developing support from wealthy, white communities to advocate for change or investment proposed by a low-wealth people of color community
<b>Community Responsiveness</b> is defined here as project components that assess the needs and interests of community members and demonstrate project support for residents.	Examples: Projects complete needs assessments/intake to ensure responsiveness to tenants/neighborhood residents, and community members; Project connects to service and programming providers, especially local, and services and amenities meet express community needs; Demonstrated support for project from residents, Provides opportunity for ongoing community engagement
<b>Community Capacity Building</b> is defined here as project components that provide support and growth opportunities for local organizations.	Examples: Building capacity of local organizations and associations (neighborhood/block/tenant associations) to be valuable/contributing community entities; Support individuals to participate in community (AmeriCorps, Health Corps, etc.); Civic development (census outreach, voting outreach); Education and Training to building community voice; Support for People Power

## Environmental

<b>Resource Efficient/Site Sensitive</b> is defined here as project components that prioritize green building practices and/or incorporate the local landscape and environment to reduce wasting energy and resources.	Examples: Brownfield Development and Site Remediation and/or Restoration; Energy efficiency, Water Efficiency and Waste Mitigation/Prevention (Waste/Recycling Management, Composting; Black/Grey Water Treatment and Reuse, etc.); Green Infrastructure and Runoff Prevention; Building Performance Standards (USGBC LEED Certifications; Energy Star; Enterprise Green Communities; Passive House; Net Positive; Living Building Challenge; WaterSense)
--	---

<p><b>Non-Toxic/Hazardous</b> is defined here as project components that use elements that are not toxic and/or reduce risk for health injury or illness.</p>	<p>Examples: High indoor air quality design and programming; Smoke-Free, Low-VOC, Red-List limitations; SCS; GreenSeal; IgCC CAL Green; Cradle to Cradle; FSC; Filter Air Return Standard; Anti-Trip-Hazard design; Education on Safe Cooking, Appliance Usage and Safe Sleeping Arrangements; Green Cleaning; Integrated Pest Management; Acoustic Separation/Noise Pollution Prevention</p>
<p><b>Resiliency</b> is defined here as project components that will improve the community's ability to react to emergencies and recover quicker.</p>	<p>Examples: Minimized grid-reliance; Backup/Independent building system functions in emergency (short-medium-long-term durations); Disaster Preparedness Plans and Organized/Practiced (Regular Training) Community Teams</p>
<p><b>Open/Green Space</b> is defined here as project components that provide access to safe outdoor community areas.</p>	<p>Examples: Open Space inclusion; Community/Public Space Set Asides; Community Garden/Farming Space; Playgrounds; Parks; Trails and Preserved Natural Land and Greenery</p>
<p><b>Transport Access</b> is defined here as project components that provide improved access to public transportation and/or ride/bike/scooter share services.</p>	<p>Examples: Access to multiple modes of transportation; Paratransit provision; Vehicle sharing and Carpooling initiatives; Transit infrastructure development; Weather shelter provisions</p>
<p><b>Design Intent/Visual Enrichment</b> is defined here as project components that beautify community spaces and make them more appealing to residents.</p>	<p>Examples: Creative Placemaking, Public Art, Local Artist involvement/led public space design, Unique Community Places, Architecture and Design; Historic Preservation (as applicable/appropriate)</p>