

McKenzie Harrington-  
Bacote, Grants  
Administrator

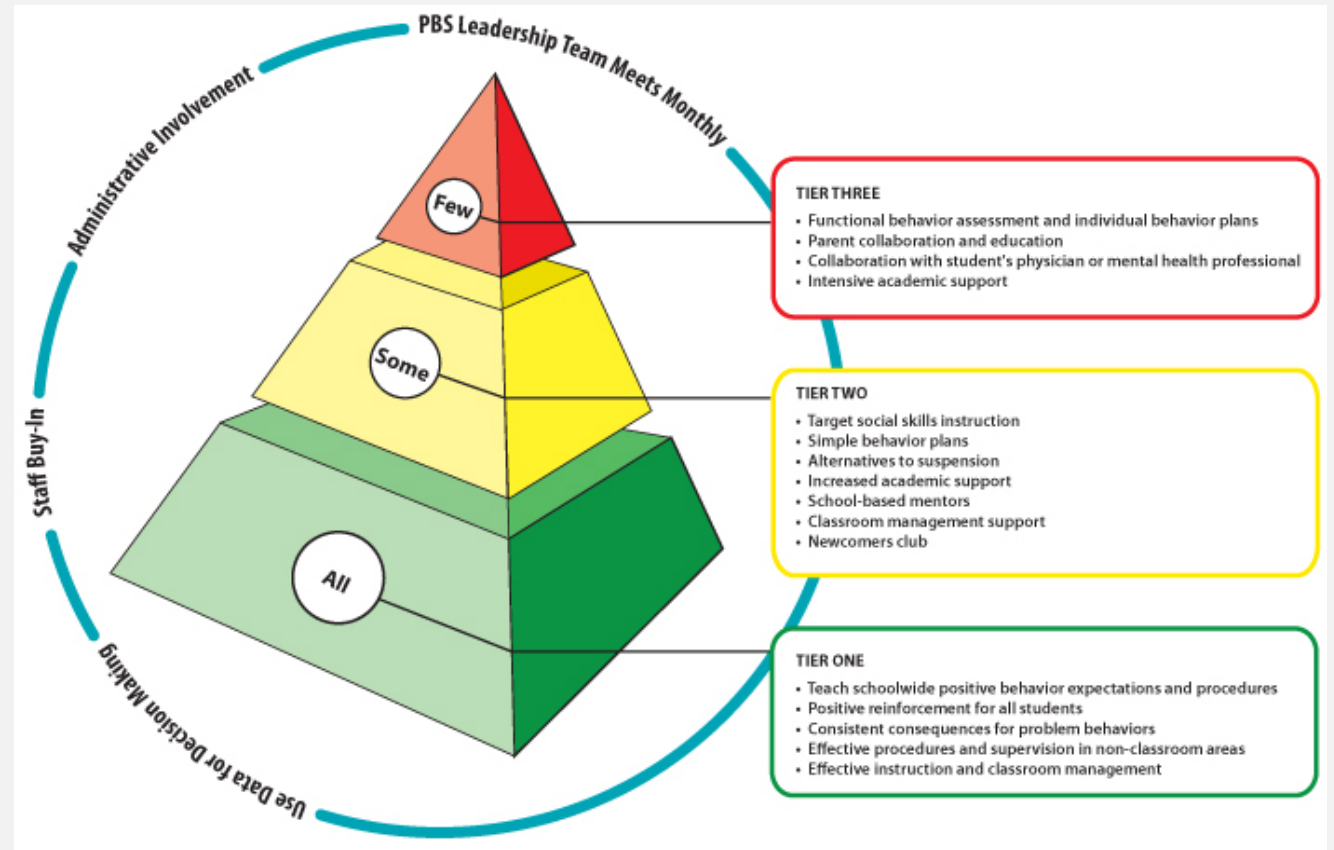
Laconia School  
District

*Office of School  
Wellness*

# CREATING SCHOOL WELLNESS FROM THE GROUND UP

# WHY MULTI-TIERED SYSTEM OF SUPPORT (MTSS)?

- All students will benefit from instruction and consistent expectations and procedures
- But some students need a little extra support to be successful and a few students need individual and intensive supports to be successful



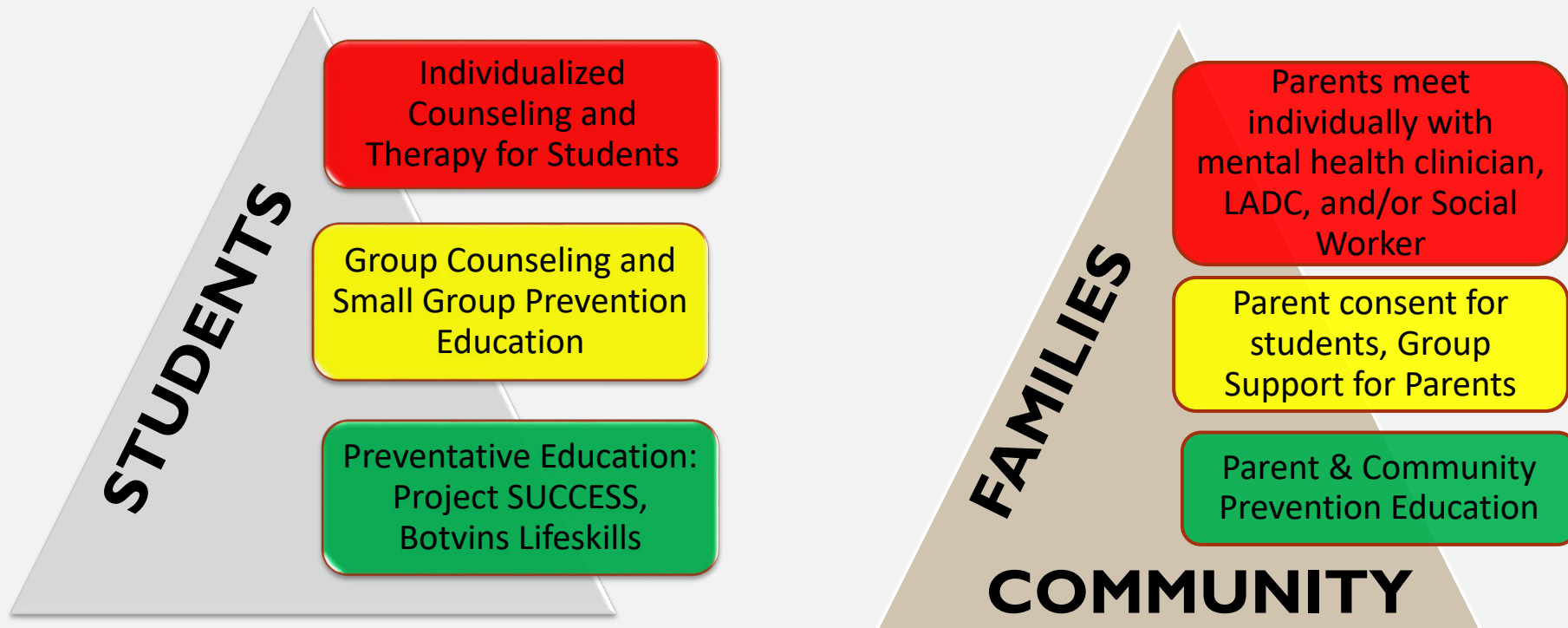


MTSS FOR  
BEHAVIORAL  
HEALTH &  
WELLNESS

NH-specific model that blends research-based school mental health practices with the PBIS framework.

- Social-Emotional Learning (SEL)
- Interconnected Systems Framework (ISF)
- Student Assistance Program (SAP)
- Trauma-Sensitive Schools (TSS)
- Pyramid Model

# EMBEDDING MENTAL HEALTH & SUBSTANCE USE SUPPORTS IN MTSS





## CYVP SUPPORTS

### **Staff**

- Part-time Director
- Restorative Justice Coach
- Part-time Social Workers
- Time for staff (outside of regular working hours)
- Afterschool Programing

### **Partnerships**

- LRMHC partnership
- ACERT partnership

## CYVP SUPPORTS

### Staff Professional Development:

- Trauma Sensitive Schools
- PBIS
- Restorative Justice
- RENEW
- Diversity and Cultural Competence
- Bully Prevention
- Suicide Prevention
- Crisis Prevention Intervention
- Youth Mental Health and SEL supports
- Mindfulness and other Tier II interventions
- School Safety

## LACONIA ADVERSE CHILDHOOD EXPERIENCES RESPONSE TEAM (ACERT)

Partnership between Laconia Police Department,  
The Family Resource Center of Central NH, and  
Laconia School District.

Members of the team reach out to families that have experienced trauma and offer supports and services to build protective factors and mitigate the negative effects of the traumatic experience.

Children can be connected to trauma-informed support at school and in the community, quality childcare programs, and recreational opportunities to promote their physical, developmental and emotional health. Parents can be connected to mental health care, substance use treatment, parent education, home visiting programs, social connections and concrete supports, as needed to build resiliency.



# COMMUNITY MENTAL HEALTH CENTER



Lakes Region  
Mental Health Center



Facilitated referrals link students & families to community mental health

Facilitated referral pathways, in which schools actively help remove barriers to services, increase the success rate of referrals to community mental health providers

# POSITIVE IMPACTS TO DATE

- ✓ Over 40 middle and high school students receive individual LADC counseling onsite annually
- ✓ Students self-refer to LADC
- ✓ Approximately 20% of all students receive Tier II group interventions onsite provided by LADC, Social Workers, Counselors, School Psych
- ✓ Approximately 25 middle and high school students receive individual mental health counseling onsite annually
- ✓ All schools refer students and families to community supports, including mental health services and substance misuse services
- ✓ All schools conduct home visits to support our neediest families

# QUESTIONS?

Contact Information:

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